

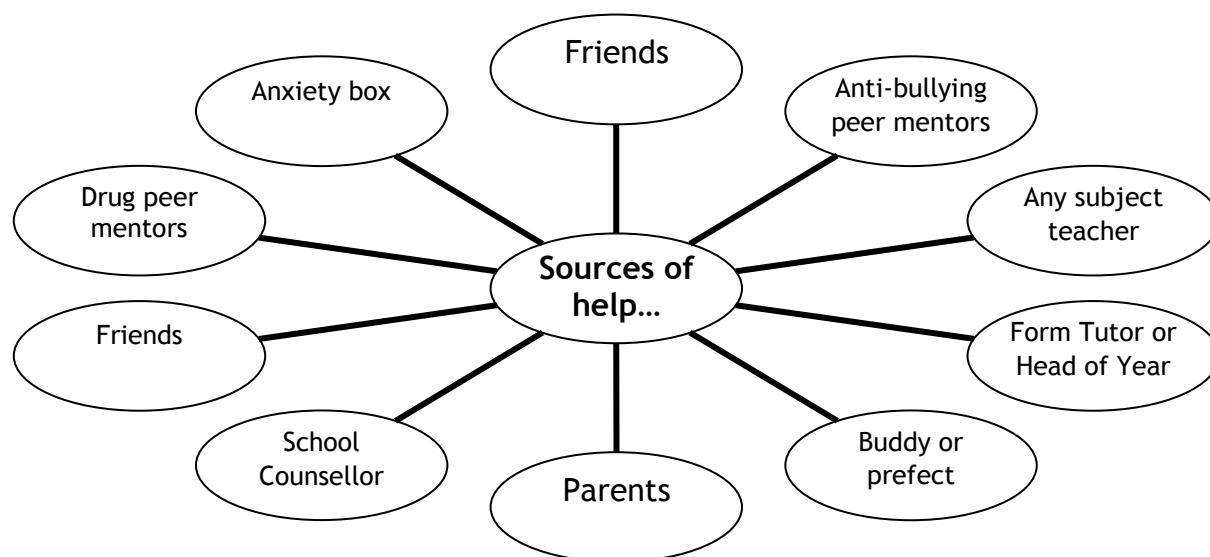
# Anti-bullying charter

Langley Grammar School has a 'zero tolerance' policy to bullying. Any instances of bullying are taken seriously and dealt with promptly.

We are also a telling school, which means that anyone who knows that bullying is happening is expected to tell someone who can then do something to help stop it. By watching an incident and not telling anyone, you're helping the bully.

## Sources of Help

Don't suffer in silence! There's lots of people you can talk to if you're worried about bullying:



## Possible Solutions if you are being bullied that will be discussed with you:

Active listening from peer mentors (through web form/in person)

Support and protection

Informing the Child Protection Officer (Deputy Head)

Help to contact parents

Sanctions for the bully (in serious cases, exclusion will be considered)

Assertiveness advice

### Help from outside agencies

- |   |                    |
|---|--------------------|
| • Advisory Centre for Education (ACE)       | 020 7354 8321      |
| • Children's Legal Centre                   | 0845 345 4345      |
| • KIDSCAPE Parents Helpline (Mon-Fri, 10-4) | 0845 1 205 204     |
| • Parentline Plus                           | 0808 800 2222      |
| • Youth Access                              | 020 8772 9900      |
| • Childline                                 | 0800 11 11         |
| • Bullying Online                           | www.bullying.co.uk |

### School anti-bullying website

Accessed through the peer mentor photograph of the healthy schools section or [www.antibullying-lgs.co.uk](http://www.antibullying-lgs.co.uk)

You can fill in the web form on the website to report incidents of bullying and get confidential advice.